

GGA Trailblazer  
Athletic Code of Conduct  
and  
Information Packet



SCHOOL YEAR: \_\_\_\_\_ Sport Interest \_\_\_\_\_



## **GGA Athletic Philosophy**

Girls Global Academy athletics empower students to lead confidently, thrive academically, and flourish physically in any arena they may find themselves. Through our clubs, development teams, and varsity programs, we elevate student choice and voice by offering sports that students are interested in and ones that will help them grow beyond the field of play. GGA Athletics embodies our 4 pillars of Sisterhood, Scholarship, Service, and Safety and is a way to support both the physical and mental wellbeing of our students.

Our athletic program is the environment in which students learn the rules of fair play and ethical behavior while honoring the values of teamwork, communication, growth, and healthy competition. We strive to create traditions where students celebrate the wins, learn from mistakes, and stand together in the face of adversity.

Girls Global Academy Athletics epitomizes the power of our why and the importance of life connections. Students learn to show up for themselves, for their teammates, the athletic community, and the broader community. When you educate, you can change the trajectory of a student's life. Put that student on an athletics team and they will develop memories, experiences, and skills carried throughout a lifetime.

## **GGA Athletic Welcome**

Welcome to Girls Global Academy Athletics! We are thrilled to have your family as part of our team community and thank you for your continued support. Every athlete's safety, welfare, and enjoyment is our top priority.

To ensure a safe, positive and productive environment for athletes, coaches, officials, and spectators, we have outlined the standards of behavior expected at all practices, games, and team events. By reading and signing each of the documents you agree to uphold these standards and model good sportsmanship at all times. Thank you for your cooperation, commitment, and support in making this season a success.

### **Each student athlete must have on file:**

1. [Girls Global Academy Athletics Program Expectations and Code of Conduct](#)
2. [Coach/Sponsor/Advisor Commitment](#)
3. [Student-Athlete Commitment Agreement](#)
4. [Parent / Guardian Agreement Form](#)
5. [GGA Transportation Release Form and Contacts](#)
6. [Girls Global Academy Athletics Expectations and Code of Conduct Signature Page](#)
7. [GGA Medical Release Form](#)
8. Concussion Awareness
9. [Universal Health Certificate](#)/Sport Physical within the year
10. Athletic dues participation payment



## **Girls Global Academy Athletics Expectations and Code of Conduct**

GGA Athletics aims to have as many students participate in as many extracurricular activities they are interested in as possible. Participation in any athletic team is a privilege and not a right. Each program will have limitations on who can participate and how many can participate. The factors that impact participation include but are not limited to age, team size requirements, the skill level of the participant, and eligibility requirements. Requirements must be met for student participation in each activity. All students will abide by the policies outlined in the Student / Family Handbook.

### **1. Athletic seasons and fees**

All sports will have registration and may have a tryout period for each season. An athletic or club program may operate for one, two or all three seasons. Head Coaches and the Coordinator determine the length of the program. A multi-season program can use registration paperwork across seasons as long as the documentation is up to date.

- Fall Season: September to November
- Winter Season: December to February
- Spring Season: March to June

Participating in any athletic or club activity requires funds. All students pay a fee set by the department for participation in athletics to offset costs associated with participating in the program. Some major costs are but not limited to transportation, game uniforms, uniform cleaning, referee/umpire fees, game day trainers, facility rental, coaching, celebrations. Fees are updated annually and paid per season. The participation fee does not cover the costs associated with the program. Fundraising is a part of participation in the program to support the costs.

- The fee for participation is \$90
- Students / parents / guardians are responsible for purchasing additional equipment, clothing, shoes or standard equipment required for the activity.
- Participants participate in fundraising events during the season to offset the cost associated with the program.

### **2. Practice**

Practice is an important part of any learning experience or sport. Skills are taught and refined at practice. Absences not only affect your ability to learn, it also affects the performance of the entire team. A practice schedule is provided at the beginning of the season. The practice schedule could change and notification will be provided at least one day in advance of a change.



Three unexcused absences from practice or a game/performance will be considered for removal from the team.

- a. An unexcused absence is any absence from practice or a game without a valid excuse (illness, doctor appointment, funeral, court appearance, school-sanctioned event, early dismissal by parent etc.).
- b. Cumulative absences, excused or unexcused, from practice can result in reduction of game playing time, impact performance participation, and dismissal from the team.
- c. Athletes should arrive to practice on time dressed appropriately and ready to work before the designated practice time.

### **3. Attendance**

Daily school attendance is mandatory in order to participate on a team or club. All students are expected to attend all classes, practices, meetings, study hall, events and games.

- a. Scheduled appointments and other events should take place at times other than the scheduled times for practices, study hall, events, and games.
- b. Athletes, managers, and students are not permitted to leave campus after school and return to school to participate in their program
- c. Attendance will be taken at practices and games and attendance will be submitted to the Coordinator
- d. Students must attend school for at least one-half of the instructional day in order to participate in extracurricular activities, practices, performances, or athletic contests on that day, unless excused by school administration.
- e. For weekend athletic competitions, students must attend school on the last scheduled instructional day preceding the event.

### **4. Non GGA Students**

The GGA coaching staff/sponsors are responsible for providing the safest environment possible. They are only responsible for students registered for the program. All unregistered students are not permitted to be on campus and participate in the activity associated with the program.

- a. Individuals that do not attend GGA or are not registered for the program are not to be at practices, meetings, study hall, events and games.
- b. All non school aged students and non registered siblings should be accompanied by a parent or guardian at all activities
- c. If an unregistered sibling attempts to attend activities unsupervised, the registered athlete may be removed from participation in the activity or the program for the season



## 5. Games

It is the responsibility of all competing team's athletic directors and coaches to maintain a safe and organized sideline. Athletes are expected to attend all games as scheduled. The team will receive a game schedule at the start of each season. If a game is off campus all players are expected to show up ready to go in a full clean uniform at the scheduled meeting time.

- a. Unauthorized individuals, including students (non-team members), parents, and children shall not be on sideline or playing area before, during, or after a competition.
- b. Student team managers are considered a part of the team, but only a maximum of two (2) student managers may be present on the sideline before, during, and after the contest. Furthermore, student team managers must wear school uniform or team uniform polo shirts to identify them as a team manager.
- c. If an athlete needs to miss a game they must present an excused note from their parent/guardian to their coach
- d. If an athlete is unprepared for a game, they are to sit with the team and will not participate in a portion of the game as determined by the head coach.
- e. Students can be released to a parent/guardian or emergency contact identified in the student information system and must provide proof of identification
- f. Students are required to be in school the day of an athletic competition/game

## 6. Academics

GGA Athletes are student-athletes. Academic performance is a part of an athletic commitment and students are expected to maintain adequate academic standing throughout the season. Students have the opportunity to participate in team activities and athletics when they meet the academic requirements:

- a. Students must maintain at least a 2.0 GPA in order to participate.
- b. Progress checks will be conducted and any student who is in danger of failing classes may be asked to sit out of practices, games, or both until their grades improve.
- c. Consequences can be administered at any point in the season for not upholding academic standards:
  - **Academic Probation:** A student can be placed on probation if they are in danger of failing a class with a score of 2 or below (course percentage of **less than 60%**). Students on probation will be allowed to participate in practices but will not be allowed to attend performances/games until they show improvement in the course.



- **Academic Suspension:** A student can be placed on suspension if they fail any course. While on suspension students will be permitted to attend practices but not participate in practice or attend performances/games. Students will be permitted to participate in practice once they show improvement in the courses and progress on weekly reports with grades of at least a 3 (**60% or higher**).
- **Academic Dismissal:** Any student who consistently fails to keep up their grades will be dismissed from the athletic program. They will not be allowed to attend practices or any performances/games for the remainder of the season.

## 7. Uniforms

The school purchases sports uniforms and loan them to the program students to use for the activity. A portion of the athletic fee that students pay each season is used to purchase uniforms. Uniforms are costly and we ask that they are properly cared for and cleaned. At the close of the season or upon dismissal from the team, uniforms provided by Girl's Global Academy are to be cleaned and returned to the Athletic Team within a week.

- a. Each team or club requires different uniforms and may require the participant to wear specific equipment, clothing, shoes or standard equipment equipment, clothing, shoes or standard equipment needed for that activity. Parents / Guardians are responsible for making sure the student has the proper clothing and shoes for the activity.
- b. A coach/sponsor/advisor may restrict participation in the activity if the proper equipment, clothing, shoes or uniform are not worn.
- c. When washing uniforms please use cold water on a gentle cycle and hang dry. **Do not put uniforms in the dryer**, they will shrink.
- d. All uniforms will be returned at the immediate request of the coach/sponsor/advisor of the activity
- e. A uniform fee will be charged if uniforms are not returned and participation in other athletic activities may be halted.
- f. Lost uniforms will be charged the full fee of the uniform to the student it was assigned to.

## 8. Transportation and Pick up

All teams maintain a daily practice schedule for the benefit of performance, health, and skill development. We make every effort to end on time and to ensure students and staff arrive home safely. The school typically provides transportation from GGA to an event off campus for games. A portion of the athletic fee that students pay each season is used to secure transportation.

- a. Students are supervised immediately after an activity by staff and timely pick up is imperative.



- b. All students that receive rides home must do so immediately after the activity. students are considered for removal from the activity for the season, if they are repeatedly not picked up immediately after the activity.
- c. Parents / guardians will provide a signed transportation release form that indicates the mode of transportation home after practice and games including providing permission for the participant to walk home and/or get picked up by family, paid or public transportation and can do so without supervision after the activity.
- d. A change in the mode of transportation must be provided to the coach/sponsor/advisor/staff member sponsoring the program. Any long-term changes must be changed on the transportation form.
- e. If the parent / guardian is going to be late, the expectation is that the coach/sponsor/advisor is notified in the agreed upon communication set at the beginning of the season

## **9. Conduct and Discipline**

All students participating in athletic and club activities are expected to represent the GGA Pillars- Sisterhood, Scholarship, Service and Safety. They also display integrity, commitment to teammates, hard work in the classroom, and athletic excellence and work ethic. All students are expected to follow the expectations of the school, athletic programs, classroom teachers, and coaches/sponsors/advisors/staff. Any athlete who engages in inappropriate or unacceptable conduct, at a sporting event, during practice, and during school hours will be subject to disciplinary actions.

- a. Students may not participate in an activity on days when they are serving in-school or out-of-school suspension.
- b. Students who earn two out-of-school or two in-school suspensions will be removed from their program for the remainder of the season.
- c. Students can be suspended from the team with notification to the parent / guardian once the decision is made
- d. Head coaches and the Athletic Coordinator can issue a single or multiple practice, game, event suspension. During this time the student may not participate in the practice, game, meeting, or event associated with the team.

## **10. Removal from Program**

It is the goal for every student to participate in the program they have chosen for the duration of the year and every effort will be taken to enable the student to do so. However there are times where a removal is necessary. Only the Athletic Coordinator can remove a student from the program they are participating in. The head coach/sponsor/advisor may recommend that a student be removed from the program. An investigation will be conducted and a phone, virtual



or in-person conference with the student, the parent / guardian and other administrator (as needed) before making a decision.

- a. Students can be removed from a program for a variety of reasons and are not limited to:
  - Not meeting eligibility requirements
  - Violations of program and school rules
  - Unsportsmanlike conduct
  - Level 2 offenses or higher from the school or program student code of conduct
- b. All fees collected are non-refundable
- c. Students are able to register for and participate in the following season program only if all parties participate in the removal conference



## **Girls Global Academy Athletics Expectations and Code of Conduct Signature Page**

After reading the Girls Global Academy Responsibilities and Code of Conduct, please sign below indicating that you and your Student - Athlete will honor the Code of Conduct. The signed slip should be returned to your coach/sponsor/advisor of your program and team.

Please note that failure to adhere to the code of conduct will result in the student-athlete being dismissed from the team for the season without refund.

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I have read the GGA Expectations, Commitments and Code of Conduct with my student-athlete,

\_\_\_\_\_. We will abide

by all of the expectations and commitment. We understand that if we are in violation it may result in disciplinary action such as suspension or dismissal from the team.

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Parent Signature

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Date

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Athlete Signature



### **Coach/Sponsor/Advisor Commitment**

The Code of Conduct is entered by Girls Global Academy as an entity including the Coaching Staff, Parents/Guardians, and Students/Players. This commitment is effective for the season in which begins upon signing of this form and concludes post final session of participation.

Our main priority is to improve the character of each student athlete in a safe and physically demanding environment. It is of utmost importance that each student athlete leaves our program with the skills that will carry over beyond the classroom and the athletic arena.

Participation in any Girls Global Academy Athletics programs will be an experience in hard work and fun. We will work hard to achieve the highest level of performance that our skills will allow, keep in mind that it is a game, and games should be competitive and fun.

Coaches/sponsors are responsible for the safety and success of the program participants.

- Model sportsmanship, integrity, and respectful conduct
- Provide proper supervision for the program participants.
- Ensure the environment and space is suitable for practices, meetings, study hall, events and games.
- Record attendance for practices, meetings, study hall, events and games.
- Verify identified students have the prescribed medications for practices, meetings, study hall, events and games as needed.
- Share with all students and parents/guardians all necessary equipment, clothing, shoes or standard equipment required for the activity
- Provide notification for students that are not following the program and school expectations.
- Send the schedule for events and notify parents / guardians and participants of any changes to the schedule.
- Ensure that all students are taking the approved transportation home and/or picked up by the approved parent / guardian from practices, meetings, study hall, events and games.
- Work with the students, parents/guardians and Coordinator to identify program needs.
- Communicate fundraising opportunities and help the program participants participate.
- Attend coaches/advisors/sponsor meetings and complete any professional training and development needed.
- Check all supplies and equipment for the program are in good working order, properly taken care of, returned to the designated area and available for practices, events and games.



## GGA Student-Athlete Commitment Agreement

My primary goal is to become the very best player I can be. I am responsible for my own actions. I am fully committed to Girls Global Academy Athletics and therefore will:

1. Conduct myself in a manner to bring credit and prestige to myself, to my team, and to GGA.
2. Budget my time to meet all the responsibilities of work, school, and other personal responsibilities because I understand that I have signed and committed to participate in GGA practices, tournaments, and events that take precedence.
3. Attend every possible practice, tournament, and team function. If I am unable to attend, I will personally notify my coach ahead of time per Tournament & Practice Policies listed below. I understand that by not attending all practices, tournaments, or team functions I may face a consequence at the coach's discretion such as loss of playing time.
4. Be ready for practice on time (15 minutes early).
5. Pursue mental and physical conditioning outside of practice and maintain my training schedule.
6. Communicate – both on and off the track/court/field – with my teammates and coaches for mutual understanding. I will personally communicate with my coach if I have any questions regarding my team, position, or playing time. I will not ask my parent(s) to interfere.
7. Discipline my body, including getting adequate sleep, maintaining a healthy diet, and ABSTAINING from alcohol, tobacco, and illegal drugs. If I am caught using any of the aforementioned substances, I may be dismissed from the program with all of any fees due immediately within two weeks of notice of release. Additionally, if I am found in any situation that may compromise my reputation or reflect negatively on GGA, I may face consequences at the discretion of the coaching staff/AD/Principal which can include suspension or dismissal with any fees due within two weeks of notice of release.
8. Recognize the unique aspects of athletics yet learn from my mistakes and never make excuses or lay blame.
9. Accept all coaching comments and assignments only as ways in which the team and I might improve. I understand that my attitude is also an important part of the game and that I will work hard to have the best attitude I can. I will accept positions on my team that I may not usually play because I understand that this is for the good of the team.
10. Support the full effort and good skills that my teammates exhibit.
11. Perform with full effort and intensity to the best of my ability in all practices and tournaments.
12. Concentrate, never causing distractions.
13. Clean our tournament areas and practice facilities of all trash. Leave the area as I found it, if not better.
14. Realize that a team is made up of individuals and everyone cannot start. Accept my role on the team and what it takes to be the best.
15. Understand that I represent GGA at all attended events and I must conduct myself in a respectful manner.

Athlete Name \_\_\_\_\_ Date \_\_\_\_\_

Athlete Signature \_\_\_\_\_

Coach Signature \_\_\_\_\_



### Parent and Guardian Agreement Form

I have given permission for my student athlete to participate in Girls Global Academy Athletics for the season. We have discussed the risks, commitments, and sacrifices involved and are committed to contributing to the success of the program. I understand and accept the financial and time obligations of participating, with the following in mind:

1. Team selections are made by a group of experienced coaches. I trust their collective judgment and will support my child and the team.
2. I understand that if my student athletes experience any issues with their team or teammates, they are first personally responsible to discuss the issue with their coach. If the issue is not then resolved, I may request a conference with the coaching staff. The coaching staff may request the Coordinator's or Principal's presence.
3. I understand that I will withhold any negative comments directed towards players and coaches. If I have any concerns I will communicate with the coaching staff. I understand the responsibility of my student athlete's coach is to coach the players and team as a whole and I will not interfere with this in any manner.
4. If I need to speak with the coaching staff in regards to a practice or game event, I will not confront a coach during the game, on the sideline or during a practice. I commit to sending an email to provide the coach/sponsor/advisor the opportunity to provide a response within 24 hours.
5. I understand the coaching staff will not discuss my students playing time or any students position on the team.
6. I understand that it is ultimately a coach's decision and that no player is guaranteed a set amount of playing time. I understand that it is my student's responsibility to speak to her coach regarding this matter.
7. We will participate in community events as asked when possible.
8. I realize that we are role models and will conduct ourselves accordingly at all times, with appropriate sportsmanship. I will support my invited guest to know they have the same responsibility.
9. I may be asked to refrain from attending games if my or invited guests conduct is inappropriate.
10. I will see that our student athlete is at practices and team functions on time.
11. I will support and cheer on all GGA athletes and support our team in any way possible.
12. I understand that any player using illegal drugs, tobacco or alcohol will be immediately expelled from the club and all remaining monies will become due and payable. Additionally, we understand that if our athlete is caught participating in any event that may compromise her reputation or the reputation of the team, she may be released immediately or have consequences at the discretion of the coaching staff/AD/Principal.
13. I may ask for clarification or detailed communication from my coaches or Athletic Coordinator if I believe I am not receiving adequate information.
14. Follow any program expectations and support my student to follow the expectations.

Parent Name \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Coach Signature \_\_\_\_\_



## **GGA Transportation Release Form and Contacts**

As a parent or legal guardian, I authorize the transportation with an authorized person(s) affiliated with GGA and GGA Athletics. This authority is granted by the below parent(s)/guardian(s) for the purpose of attending any sports related trip.

In the event of an emergency, I do give permission for my minor to use transportation not affiliated with GGA or GGA Athletics.

Authorized Parent Guardian Name (printed) \_\_\_\_\_

Authorized Parent Guardian Signature \_\_\_\_\_

Coach Name Print \_\_\_\_\_

Coach Signature \_\_\_\_\_

Date \_\_\_\_\_

My students will: \_\_\_\_\_ Walk home \_\_\_\_\_ Take public transportation \_\_\_\_\_ Take private transportation

As a parent or legal guardian, I authorize my student athlete to use public transportation not affiliated with GGA after games. I release Girls Global Academy and its staff from any liability of the DC public transportation system.

**Authorized Parent Guardian Name (printed)** \_\_\_\_\_

**Authorized Parent Guardian Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

### **Adult Contact Information**

Name \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email Address \_\_\_\_\_

### **Emergency Contact Information**

Name \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email Address \_\_\_\_\_



## **GGA Athletics Medical Release Form**

As a parent or legal guardian, I authorize the treatment by a qualified and licensed medical doctor of the minor in the event of a medical emergency. We will refer to your Department of Health authorization for the child's emergency medical treatment form collected during enrollment. We will include the Authorization For Child's Emergency Medical Treatment in your child's athletic packet. Additional consent was authorized on the online Consent To Emergency Treatment completed in the PowerSchool Health Authorizations Forms.

This release form is completed and signed of my own free will with the purpose of authorizing medical treatment under emergency circumstances in my absence.

Signed \_\_\_\_\_ Date \_\_\_\_\_

If you do not have a document on file. You must complete the [Authorization for Medical Treatment](#) form and submit with this completed packet.



## **Additional Medical Information**

### **Universal Health Certificate**

This is a medical document that must be FULLY completed (**including part 1 data and parent signature**) and signed by a Licensed Healthcare Provider (MD, NP, DO). The [Universal Health Certificate](#) has been shared with the Registrar at enrollment. However, the UHC is valid for one calendar year (365 days) from the date of the exam. A Universal Health Certificate must be updated and is current to within one calendar year in order to participate in an athletic program.

### **Students with Allergies**

If your child has allergies, you will need to submit an [Anaphylaxis Action Plan](#). This is a medical document that must be completed and signed by a Licensed Healthcare Provider (MD, NP, DO) . Your student must also carry their epi-pen with them while at all practices and competitions.

### **Students with Asthma**

If your child has asthma, you will need to submit an [Asthma Action Plan](#). This is a medical document that must be completed and signed by a Licensed Healthcare Provider (MD, NP, DO) . It's also important that you indicate the type of rescue inhaler used by the student on the Emergency Treatment Form (page 2). A list of valid inhalers is available on our website ([thedciaa.com/asthma-management](http://thedciaa.com/asthma-management)). Your student must have their rescue inhaler with them at all practices and competitions.



### **Cheerleaders Only Student-Athlete Participation Packet**

GGA sometimes uses an Athletic Trainer from DCPS. They can not provide services without completing the Consent for Athletic Participation AT-13, Student-Athlete Data and Emergency Treatment Information AT-14, and the Concussion Awareness. Parents must complete this form and have it approved by a DCIAA Athletic Trainer on site of the event each game. Please enter all information and follow the instructions on each document.

**Please click [the link](#) to access each of the below documents**

1. Consent for Athletic Participation AT-13
2. Student-Athlete Data and Emergency Treatment Information AT-14