



JUNE

GIRLS GLOBAL CHARTER HIGH SCHOOL

Breakfast Menu

Menu is subject to change
*Item prepared with locally sourced ingredient

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Brown Sugar Oatmeal Applesauce & Pears 1% & Fat-Free Milk	3 Cheerios Cereal Bananas & Peaches 1% & Fat-Free Milk	4 WG Mini Bagel w/ Cinnamon Apple Cream Cheese Oranges & Apples 1% & Fat-Free Milk	5 Southern Grits w/ Turkey Bacon Apples & Oranges 1% & Fat-Free Milk	6 Apricot Granola Bar Pears & Bananas 1% & Fat-Free Milk
9 Mango Bread Pears & Honeydew 1% & Fat-Free Milk	10 Cheerios Cereal Bananas & Cantaloupe 1% & Fat-Free Milk	11 Vanilla Maple Glazed French Toast Casserole* Oranges & Bananas 1% & Fat-Free Milk	12 Crunchy Granola w/ Blueberry Yogurt Apples & Honeydew 1% & Fat-Free Milk	13 WG Mini Bagel w/ Cream Cheese & Jelly Honeydew & Apples 1% & Fat-Free Milk
16 Cheesy Grits Apples & Oranges 1% & Fat-Free Milk	17 Red Rabbit O's Bananas & Pears 1% & Fat-Free Milk	18	19	20
23	24	25	26	27
30	27	28	29	30



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Lunch Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pasta Primavera (VG) Mozzarella Cheese Roasted Broccoli Sauteed Yellow Squash w/ Parsley* Cantaloupe 1% & Fat-Free Milk	3 Jerk Chicken* Salad w/ Mango Chickpea Caesar Salad (V) WG Croutons Crispy Chickpeas Romaine Lettuce* Pineapple 1% & Fat-Free Milk	4 Bayou Cajun Rice Dressing w/ Turkey* Cajun Tofu Rice Dressing (V) Sauteed Garlic Mushroom* w/ Red Peppers Southern Braised Kale* Honeydew 1% & Fat-Free Milk	5 Chipotle Chicken* Wrap Chipotle Bean Salad (V) WG Tortilla Roasted Corn Salad Medley Plums 1% & Fat-Free Milk	6 Carne Al Pastor Cilantro* Lime Rice Southwestern Bean Bowl (V) Pico de Gallo Black Beans Mangoes 1% & Fat-Free Milk
9 Hot Honey Chicken* Macaroni & Cheese Mushroom Macaroni (V) Garlic Kale* Sauteed Mushrooms* Grapes 1% & Fat-Free Milk	10 Cheddar Cheese Quesadilla (VG) WG Tortillas Cowboy Caviar Elote Loco w/ Cilantro* Pineapple 1% & Fat-Free Milk	11 Tuna Pasta Salad Tofu Tomato Pasta (V) Sauteed Peppers & Scallions* Roasted Broccoli Honeydew 1% & Fat-Free Milk	12 Baked Spaghetti w/ Ground Beef Vegetarian Macaroni & Cheese (VG) Sauteed Green Beans Roasted Mushrooms* Bananas 1% & Fat-Free Milk	13 Brown Stew Chicken* Seasoned Rice & Peas Brown Stew Tofu (V) Roasted Carrots Steamed Cabbage* Pineapple & Mango Salad w/ Mint* Apples 1% & Fat-Free Milk
16 Rasta Pasta (VG) Mozzarella Cheese Caesar Chickpea Wrap (V) Garlic Toasted Pita Garden Salad* Grape Tomatoes Pineapple 1% & Fat-Free Milk	17 Chicken* w/ Mumbo Sauce Tofu w/ Mumbo Sauce (V) Seasoned Fried Rice Ginger Carrots Sauteed Green Peas Oranges 1% & Fat-Free Milk	18	19	20
23	24	25	26	27
30				