



June Allergen Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fruit Serving Apples (Whole/Sliced) Fruit Cocktail Fruit/ Apple Juice (6oz) Pears Oranges (Whole/Sliced)			1 Jerk Chicken Brown Rice & Seasoned Black Beans Fresh Fruit Soy Milk	2 Lemon Chicken Red Rice & Roasted Broccoli Fresh Fruit Soy Milk
5 Arroz Con Pollo (Corn) Seasoned Peas Fresh Fruit Soy Milk	6 BBQ Chicken Brown Rice & Seasoned Carrot Fresh Fruit Soy Milk	7 Southwest Chicken Red Rice & Green Beans Fresh Fruit Soy Milk	8 Greek Chicken Brown Rice & Steamed Corn & Black Beans Fruit Soy Milk	9 Teriyaki Chicken Red Rice & Roasted Broccoli & Cauliflower Fresh Fruit Soy Milk
12 Jerk Chicken Brown Rice & Seasoned Peas & Carrots Fresh Fruit Soy Milk	13 Lemon Chicken Red Rice & Seasoned Green Beans Fresh Fruit Soy Milk	14 BBQ Chicken Brown Rice & Seasoned Carrots Fresh Fruit Soy Milk	15 Southwest Chicken Red Rice & Steamed Corn & Black Beans Fresh Fruit Soy Milk	16 Arroz Con Pollo (Corn) Roasted Broccoli Fresh Fruit Soy Milk
19 Holiday No School	20 Greek Chicken Red Rice & Green Beans Fresh Fruit Soy Milk	21 Teriyaki Chicken Brown Rice & Carrots Fresh Fruit Soy Milk	22 Jerk Chicken Red Rice & Seasoned Corn & Black Beans Fresh Fruit Soy Milk	23 Lemon Chicken & Roasted Broccoli & Cauliflower Fresh Fruit Soy Milk
26 BBQ Chicken Brown Rice & Seasoned Carrots & Corn Fresh Fruit Soy Milk	27 Arroz Con Pollo (Corn) Roasted Broccoli Fresh Fruit Soy Milk	28 Southwest Chicken Red Rice & Green Beans Fresh Fruit Soy Milk	29 Greek Chicken Brown Rice & Seasoned Black Beans Fruit Soy Milk	30 Teriyaki Chicken Red Rice & Seasoned Corn and Peas Fresh Fruit Soy Milk