



## May Vegetarian Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chick'n Nuggets (5) Dinner Roll Seasoned Green Beans Fresh Fruit Skim or 1% Milk	2 Black Bean Burger Seasoned Baked Beans Fresh Fruit Skim or 1% Milk	3 BBQ Meatballs Mashed Potatoes Seasoned Pea and Carrots Fresh Fruit Skim or 1% Milk	4 Chick'n Parm Sandwich Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	5 Chick'n Alfredo Roasted Broccoli Fresh Fruit Skim or 1% Milk
8 NOLA Sando Sweet Potato Fries Fresh Fruit Skim or 1% Milk	9 Chopped Cheesesteak Seasoned Green Beans Fresh Fruit Skim or 1% Milk	10 Sweet and Sour Chick'n Brown Rice Steamed Corn Fresh Fruit Skim or 1% Milk	11 Shepherd Pie Seasoned Peas and Carrots Fresh Fruit Skim or 1% Milk	12 Cheesy Baked Ziti Roasted Broccoli Fresh Fruit Skim or 1% Milk
15 Cheese Pizza Seasoned Green Beans Fresh Fruit Skim or 1% Milk	16 Black Bean Burger Seasoned Baked Beans Fresh Fruit Skim or 1% Milk	17 Salisbury Steak Mashed Potatoes w/ Seasoned Carrots Fresh Fruit Skim or 1% Milk	18 BBQ Chick'n Sandwich Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	19 Spaghetti and Meatballs Roasted Broccoli Fresh Fruit Skim or 1% Milk
22 Orange Chick'n w/ Brown Rice Roasted Broccoli Cauliflower Blend Fresh Fruit Skim or 1% Milk	23 Meatball Sub Sweet Potato Fries Fresh Fruit Skim or 1% Milk	24 Queso Nachos Seasoned Black Bean and Corn Blend Fresh Fruit Skim or 1% Milk	25 Chick'n & Waffles Sweet Potato Fries Fresh Fruit Skim or 1% Milk	26 Chick'n Primavera Pasta Roasted Broccoli Fresh Fruit Skim or 1% Milk
29 Southwest Chick'n Rice Bowl w/Salsa Seasoned Black Beans & Corn Blend Fresh Fruit Skim or 1% Milk	30 BBQ Chick'n Sandwich w Fresh Green Beans Fresh Fruit Skim or 1% Milk	31 Teriyaki Chick'n Fried Rice & Roasted Broccoli & Carrots Fresh Fruit Skim or 1% Milk	<b>Fruit Serving</b> Apples (Whole/Sliced) Fruit Cocktail Fruit/ Apple Juice (6oz) Pears Oranges (Whole/Sliced)	