



## February Vegetarian Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Orange Chick'n w/ Fried Rice Seasoned Green Beans Fresh Fruit Skim or 1% Milk	2 Veggie Burger Seasoned Black Beans Corn Blend Fresh Fruit Skim or 1% Milk	3 Cheesy Baked Ziti Roasted Broccoli Fresh Fruit Skim or 1% Milk
6 Sloppy Joe Sandwich Roasted Potato Wedges Fresh Fruit Skim or 1% Milk	7 BBQ Chick'n Dinner Roll Seasoned Green Beans Fresh Fruit Skim or 1% Milk	8 Chick'n Parm Sandwich Seasoned Black Beans & Corn Blend Fresh Fruit Skim or 1% Milk	9 Sweet and Sour Meatballs Brown Rice Seasoned Carrots Fresh Fruit Skim or 1% Milk	10 Chick'n Alfredo Pasta Roasted Broccoli Fresh Fruit Skim or 1% Milk
13 Chick'n Parm Sub Sweet Potato Fries Fresh Fruit Skim or 1% Milk	14 Veggie Meatloaf Mac and Cheese Collard Greens Fresh Fruit Skim or 1% Milk	15 Veggie Burger Seasoned Carrot Corn Blend Fresh Fruit Skim or 1% Milk	16 Southwest Chick Rice Bowl w/Salsa Seasoned Black Beans & Corn Blend Fresh Fruit Skim or 1% Milk	17 Meatballs Cheesy Pasta Roasted Broccoli Fresh Fruit Skim or 1% Milk
20 <b>Holiday Break</b>	21 Chicken Nuggets Dinner Roll Seasoned Green Peas Fresh Fruit Skim or 1% Milk	22 Spaghetti Chick'n Bolognese Roasted Broccoli Fresh Fruit Skim or 1% Milk	23 New Orleans Style Chicken Sandwich Sweet Potato Fries Fresh Fruit Skim or 1% Milk	24 Chick'n Chopped Cheesesteak Seasoned Green Beans Fresh Fruit Skim or 1% Milk
27 Cheese Pizza Seasoned Green Beans Fresh Fruit Skim or 1% Milk	28 Cheeseburger Mac Seasoned Carrots Fresh Fruit Skim or 1% Milk			