

June 2022

# Mid-Atlantic Regional Breakfast Menu



## BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <b>Biscuit</b> Egg Patty  Apple* Skim/1% Milk	2 <b>Breakfast Burrito</b> Salsa (2oz Portion)  Apple* Skim/1% Milk	3 <b>Homemade Banana Bread (2WG)</b>  Apple* Skim/1% Milk
6 <b>Pancake (2)</b> Syrup (1 packet)  Apple* Skim/1% Milk	7 <b>Sausage Breakfast Sandwich</b>  Apple* Skim/1% Milk	8 <b>Waffle (2)</b> Syrup (1 Packet)  Apple* Skim/1% Milk	9 <b>Overnight Oats</b>  Apple* Skim/1% Milk	10 <b>Egg &amp; Cheese Breakfast Sandwich</b>  Apple* Skim/1% Milk
13 <b>Sausage Breakfast Sandwich</b>  Apple* Skim/1% Milk	14 <b>Pancake (1)</b> Sausage Patty Syrup packet Apple* Skim/1% Milk	15 <b>Egg Breakfast Sandwich</b>  Apple* Skim/1% Milk	16 <b>Breakfast Burrito</b> Salsa (2oz Portion)  Apple* Skim/1% Milk	17 <b>Homemade Banana Bread (2WG)</b>  Apple* Skim/1% Milk
20 <b>Pancake (2)</b> Syrup (1 packet)  Apple* Skim/1% Milk	21 <b>Biscuit</b> Chicken Patty  Apple* Skim/1% Milk	22 <b>Waffle (2)</b> Syrup (1 Packet)  Apple* Skim/1% Milk	23 <b>Overnight Oats</b>  Apple* Skim/1% Milk	24 <b>Egg &amp; Cheese Breakfast Sandwich</b>  Apple* Skim/1% Milk
27 <b>Sausage Breakfast Sandwich</b>  Apple* Skim/1% Milk	28 <b>Pancake (1)</b> Sausage Patty Syrup packet Apple* Skim/1% Milk	29 <b>Egg Breakfast Sandwich</b>  Apple* Skim/1% Milk	30 <b>Breakfast Burrito</b> Salsa (2oz Portion)  Apple* Skim/1% Milk	1 <b>Homemade Banana Bread (2WG)</b>  Apple* Skim/1% Milk

Items with \* are locally purchased

This institution is an equal opportunity provider.

NOTE: Menu subject to change