

April 2022

Mid-Atlantic Regional Breakfast Menu



BREAKFAST				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 Oatmeal with Toppings Assorted Fruit Skim/1% Milk
4 Whole Grain Bagel Cream Cheese or Jelly Assorted Fruit Skim/1% Milk	5 Whole Grain Pancakes Syrup Assorted Fruit Skim/1% Milk	6 Assorted Yogurt Cup Granola (1/4 cup) Assorted Fruit Skim/1% Milk	7 Sausage Breakfast Sandwich Assorted Fruit Skim/1% Milk	8 Whole Grain French Toast Sticks Assorted Fruit Skim/1% Milk
11 Muffin Town Yogurt Assorted Fruit Skim/1% Milk	12 Banana Bread housemade Assorted Fruit Skim/1% Milk	13 Breakfast Pizza Assorted Fruit Skim/1% Milk	14 No Service	15 No Service
18 Whole Grain Bagel Cream Cheese or Jelly Assorted Fruit Skim/1% Milk	19 Whole Grain Pancakes Syrup Assorted Fruit Skim/1% Milk	20 Assorted Yogurt Cup Granola (1/4 cup) Assorted Fruit Skim/1% Milk	21 Egg & Cheese Breakfast Sandwich Assorted Fruit Skim/1% Milk	22 Whole Grain French Toast Sticks Assorted Fruit Skim/1% Milk
25 Muffin Town String Cheese Assorted Fruit Skim/1% Milk	26 Apple Bread housemade Assorted Fruit Skim/1% Milk	27 Whole Grain Waffles Syrup Assorted Fruit Skim/1% Milk	28 Breakfast Pizza Assorted Fruit Skim/1% Milk	29 Oatmeal with Toppings Assorted Fruit Skim/1% Milk

This institution is an equal opportunity provider.

NOTE: Menu subject to change