

August 2021

Mid-Atlantic Region Menu - Cold

GENUINE

GOOD FOOD DOES GOOD

LUNCH				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Chicken Caedar Salad with Vegetables, WG croutons Dinner Roll (9-12 Only) Assorted Fruit Skim/1% Milk</p> <p>2</p>	<p>Roast Beef Sandwich Bean Salad Assorted Fruit Skim/1% Milk</p> <p>3</p>	<p>Turkey Cheddar Roll Up Cucumber Coins (K-8: 3/4 cup; 9-12: 1 cup) Local Peach Skim/1% Milk</p> <p>4</p>	<p>BBQ Chicken on a Roll Potato Salad (K-8: 3/4 cup; 9-12: 1 cup) Assorted Fruit Skim/1% Milk</p> <p>5</p>	<p>Chicken Salad Sandwich Carrot Sticks (K-8: 3/4 cup; 9-12: 1 cup) Assorted Fruit Skim/1% Milk</p> <p>6</p>
<p>Sunbutter Jelly Sandwich Carrots (K-8: 3/4 cup; 9-12: 1 cup) Assorted Fruit Skim/1% Milk</p> <p>9</p>	<p>Cheesy Pasta Salad with Corn, Carrots & Beans Assorted Fruit Skim/1% Milk</p> <p>10</p>	<p>Chicken Taco Salad with Tortilla WG Tortilla with Lettuce, Tomato, Corn Local Peach Skim/1% Milk</p> <p>11</p>	<p>Chef Salad Turkey, Egg, Lettuce, Tomatoes, Cucumber Dinner Roll (9-12 ONLY) Assorted Fruit Skim/1% Milk</p> <p>12</p>	<p>Chicken Ranch Wrap Cucumber Coins (K-8: 3/4 cup; 9-12: 1 cup) Assorted Fruit Skim/1% Milk</p> <p>13</p>
<p>Chicken Caedar Salad with Vegetables, WG croutons Dinner Roll (9-12 Only) Assorted Fruit Skim/1% Milk</p> <p>16</p>	<p>Roast Beef Sandwich Bean Salad Assorted Fruit Skim/1% Milk</p> <p>17</p>	<p>Turkey Cheddar Roll Up Cucumber Coins (K-8: 3/4 cup; 9-12: 1 cup) Local Peach Skim/1% Milk</p> <p>18</p>	<p>BBQ Chicken on a Roll Potato Salad (K-8: 3/4 cup; 9-12: 1 cup) Assorted Fruit Skim/1% Milk</p> <p>19</p>	<p>Chicken Salad Sandwich Carrot Sticks (K-8: 3/4 cup; 9-12: 1 cup) Assorted Fruit Skim/1% Milk</p> <p>20</p>
<p>Sunbutter Jelly Sandwich Carrots (K-8: 3/4 cup; 9-12: 1 cup) Assorted Fruit Skim/1% Milk</p> <p>23</p>	<p>Cheesy Pasta Salad with Corn, Carrots & Beans Assorted Fruit Skim/1% Milk</p> <p>24</p>	<p>Chicken Taco Salad with Tortilla WG Tortilla with Lettuce, Tomato, Corn Local Peach Skim/1% Milk</p> <p>25</p>	<p>Chef Salad Turkey, Egg, Lettuce, Tomatoes, Cucumber Crackers & Croutons Assorted Fruit Skim/1% Milk</p> <p>26</p>	<p>Chicken Ranch Wrap Cucumber Coins (K-8: 3/4 cup; 9-12: 1 cup) Assorted Fruit Skim/1% Milk</p> <p>27</p>
<p>Sunbutter Jelly Sandwich Carrots (K-8: 3/4 cup; 9-12: 1 cup) Assorted Fruit Skim/1% Milk</p> <p>30</p>	<p>Chicken Salad Sandwich Cucumber Coins (K-8: 3/4 cup; 9-12: 1 cup) Assorted Fruit Skim/1% Milk</p> <p>31</p>	<p>Turkey & Cheddar Roll-Up Broccoli (K-8: 3/4 cup; 9-12: 1 cup) Local Peach Skim/1% Milk</p> <p>1</p>	<p>Chicken Ranch Wrap Black Bean & Corn Salad Assorted Fruit Skim/1% Milk</p> <p>2</p>	<p>Chicken Caedar Salad with Vegetables, WG croutons Dinner Roll (9-12 ONLY) Assorted Fruit Skim/1% Milk</p> <p>3</p>

Ingredients Sourced from a Local Farm

This institution is an equal opportunity provider.

NOTE: Menu subject to change